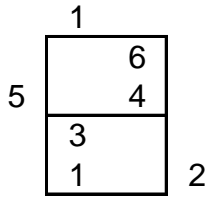
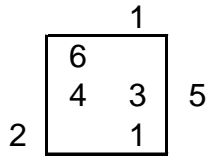


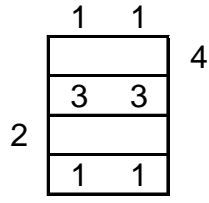
Sequenze SCALA



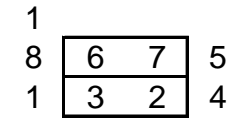
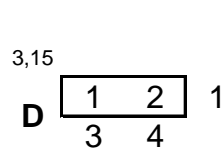
10 **A**



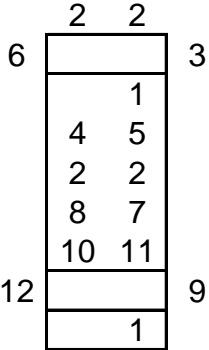
55 **B**



2,24 **C**

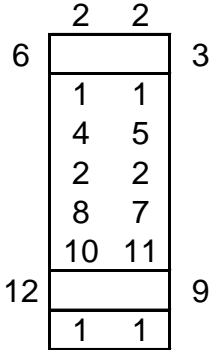


5,44 **E**

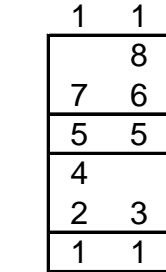


8,10 **F**

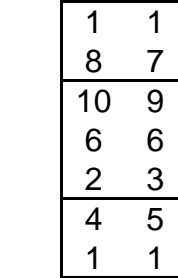
.=.



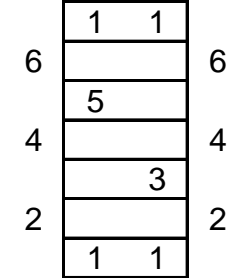
10,20 **G**



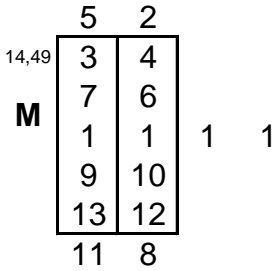
11,45 **H**



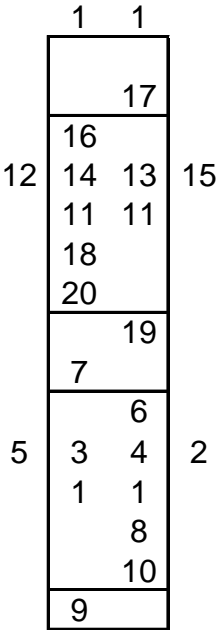
13,00 **I**



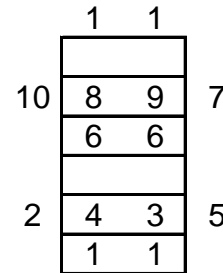
13,00 **L**



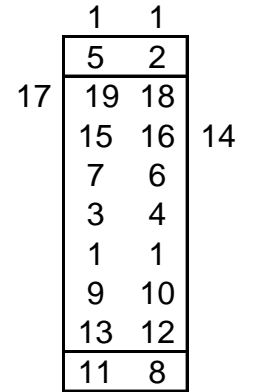
14,49 **M**



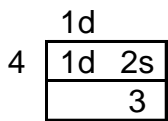
17,40 **P**



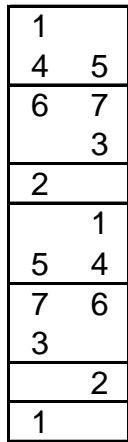
18,04 **Q**



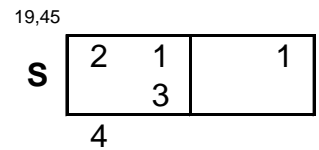
18,26 **R**



16,43 **N**



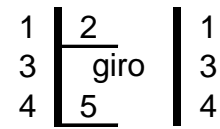
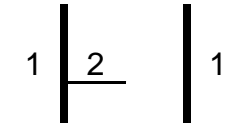
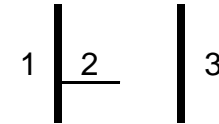
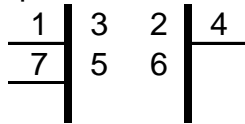
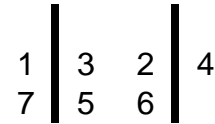
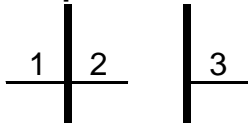
17,17 **O**



19,45 **S**

Sequenze ELASTICI

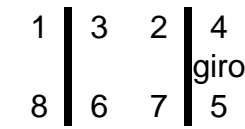
due chiuso due aperto



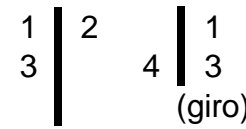
1,47



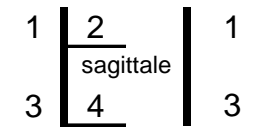
2,59



3,17



3,55



4,37

a due a tre a gruppi a due abbracciati a quattro abbracciati bendati
a stella 3 elastici uguale, a sei saltatori elastico lungo tutta la classe